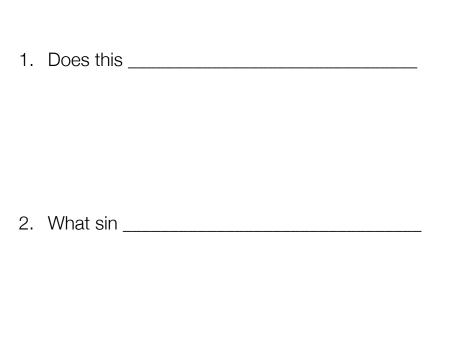


# "Weights and Sins" Presenter: Derek Beauchamp



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3. What am I

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"Weights & Sins"

#### **SMALL TALK**

1. Tell a story of something unexpected that threw off your day, week, or month.

#### **VIEWPOINT**

- 2. **Read Hebrews 12:1-2.** We all have weights and sins in our life that "throw us off".
- 3. The passage begins with the phrase, "Therefore, since we are surrounded by such a great cloud of witnesses..." This statement refers to Hebrews 11. What is illustrated in Hebrews 11 that allows the author to begin his point in chapter 12?
- 4. Why can Hebrews make the claim that Jesus is the "founder and perfecter of our faith..."?

### **GETTING PERSONAL**

- 5. Weights are anything in our lives that slow us down. What are weights in your life that keep you from running towards Jesus?
- 6. We all have sins that cling "closely" to us. They are often so close we do not realize they are present. What sins cling "closely" to you?

## PRACTICE!

- 7. Pick one weight to work on eliminating from your life. What steps will you take to remove the weight?
- 8. Don't do it alone. Share the weight you are working on removing with a friend, or family member.