

# WEIGHTS *and* SINS

“Weights and Sins”  
Presenter: Derek Beauchamp

## Talk It Over

“Weights & Sins”

1. Does this \_\_\_\_\_

2. What sin \_\_\_\_\_

3. What am I \_\_\_\_\_

### SMALL TALK

1. Tell a story of something unexpected that threw off your day, week, or month.

### VIEWPOINT

2. **Read Hebrews 12:1-2.** We all have weights and sins in our life that “throw us off”.
3. The passage begins with the phrase, “Therefore, since we are surrounded by such a great cloud of witnesses...” This statement refers to Hebrews 11. What is illustrated in Hebrews 11 that allows the author to begin his point in chapter 12?
4. Why can Hebrews make the claim that Jesus is the “founder and perfecter of our faith...”?

### GETTING PERSONAL

5. Weights are anything in our lives that slow us down. What are weights in your life that keep you from running towards Jesus?
6. We all have sins that cling “closely” to us. They are often so close we do not realize they are present. What sins cling “closely” to you?

### PRACTICE!

7. Pick one weight to work on eliminating from your life. What steps will you take to remove the weight?
8. Don't do it alone. Share the weight you are working on removing with a friend, or family member.

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