



Series: Stay Positive
 “Enough of the Bad News”
 Presenter: Jim Hammond

Talk It Over

Stay Positive
 (Week 1)
 “Enough of the Bad News”

I. Optimism is not _____ or
 _____ but rather it is

A. _____

B. _____

C. _____

D. _____

II. How do you _____?

A. First, ask yourself where you _____?

B. When God is our _____, we will
 not _____

SMALL TALK

1. What makes you feel positive?
2. What makes you feel safe and secure?

VIEWPOINT

3. **READ Psalm 46.** Which lines jumped out at you? Why?
4. Does 46:1 encourage you? What has to happen for these truths to be experienced personally so that you can say 46:2 with confidence?
5. What is the connection between the heading of this Psalm, “of the Sons of Korah”, Numbers 16, and Psalm 46:2, “though the earth gives way”? How compatible is rebellion and refuge? Explain.
6. Why is it so hard for us to follow God’s specific instruction in 46:10?

GETTING PERSONAL

7. Do you practice “being still”? What does that look like for you? Have you discovered this to be helpful? How? How often do you practice being still before God?
8. Where do you need God’s “ever present help” right now? After each person shares where they need God’s help, have a group member read 46:10. After everyone has shared take time to pray for one another.

MAKING PROGRESS

9. One of our core statements is: “Don’t Do Life Alone”. Our Small Group purpose is to pursue healthy relationships and help one another take steps to follow Jesus. Have you experienced encouragement from your Small Group? How? What are some steps you have been encouraged to take? What about this week?