



Process It
Presenter: David Lockard

Talk It Over

Training in the Word
(week 3)
“Process It”

How do we move from information to transformation?

1. _____ It

2. _____ It

3. _____ It

4. _____ It

SMALL TALK

1. What is something you have trained for in the past? Was your training successful? Why or why not?

VIEWPOINT

2. **READ Psalm 1:1-3.** What do you think it means to be blessed?
3. How are we meant to meditate on God’s law, day and night? Does that mean we are supposed to read scripture all day, every day?
4. **READ Colossians 3:16-17.** How do these verses help in understanding the idea of meditating day and night on God’s word?

GETTING PERSONAL

5. Time is vital to any kind of training, and committing to that time to train often means we need to say, “No” to other things, sometimes even good things. Is there anything you need to say, “No” to so that you can commit to training in God’s word?
6. Is there a time you can share about when your training and your relationship with God carried you through a difficult time?

PRACTICE!

7. Devote Daily, Pursue Relationally, Guide Biblically, Live Authentically, Engage Missionally (3 Qs to help):
 1. How are you feeding your soul? (How are your habits going?)
 2. How are you feeding your sinful desires? (How are you struggling?)
 3. How are you feeding others? (Who are you praying to reach?)

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