

Practice!

“Live Authentically”

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Talk It Over

Practice!

week 4

“Live Authentically”

1. Sin naturally leads to _____.

2. Isolation leads to _____
_____.

3. Living authentically is God's
_____ and my
_____.

4. The heart that is _____ is the heart that
_____.

SMALL TALK

1. Do you consider yourself to be authentic? Are your friends or small group authentic with you? Is there at least one person in your life who knows the areas that you struggle?

VIEWPOINT

2. **READ 1 John 1:5-10.** What does it mean to you to “walk in the light?”

GETTING PERSONAL

3. Why is isolation so detrimental to our spiritual life?
4. Is there any area of your life that is “off limits” to everyone else?
5. What steps can you take personally to be responsible for your own authenticity and to walk in the light?

MAKING PROGRESS

7. How can you respond to others with grace and truth so they will feel open to share their struggles with you? How can you “encourage one another day after day, as long as it is called today, that you might not be hardened by the deceitfulness of sin?” (Ref Hebrews 3:13)