



God Never Gives You More  
Than You Can Handle  
Presenter: Jim Hammond

## Talk It Over

## GOD NEVER SAID THAT

Week 2:

“God Never Gives You More Than  
You Can Handle”

**FOCUS:** This tired old phrase offers no help to someone who is overwhelmed.

- I. Jesus was \_\_\_\_\_!
- II. There is a way to \_\_\_\_\_ more  
than we \_\_\_\_\_
- III. Why would God allow us to experience  
more than we can handle?

A. *To teach us to* \_\_\_\_\_ *on*  
\_\_\_\_\_

B. *To help us* \_\_\_\_\_  
\_\_\_\_\_

### SMALL TALK

1. Has someone ever given you advice that sounded spiritual but something God never really said? Have you ever been told, “God never gives you more than you can handle?” Did this help?

### VIEWPOINT

2. **READ 1 Corinthians 13:10.** How is this verse saying something different than “God never gives you more than you can handle”?
3. **READ Mark 14:32-34.** How did Jesus handle being “deeply distressed and troubled”, and “overwhelmed with sorrow to the point of death”?
4. **READ John 15:5; Psalm 61:1-2; and 2 Corinthians 12:9-10.** Why would God allow us to experience more than we can handle by ourselves?

### GETTING PERSONAL

5. What’s consuming most of your energy right now? Are you in over your head? Overwhelmed? Is that good? Is that bad?
6. When you’re overwhelmed what are you most likely to do: Double your efforts? Eat something? Ask for help? Escape? What habits can you create in order to make God’s presence the first place you go when you’re overwhelmed?
7. What weaknesses do you need to embrace to experience the power of God?
8. Have you experienced the presence of God when you had more than you could handle?

### MAKING PROGRESS

9. One of our core statements is “Everyone has a next step.” Can you identify a “next step” for you the next time life feels like more than you can handle?