

# Talk It Over

## RESOLVED

### Part 1- I am Resolved

#### SMALL TALK

1. When it comes to decision making, what's your typical approach?

#### VIEWPOINT

2. **Read Daniel 1:8; Proverbs 16:3; and Psalm 119:9.** We can ask God to help us with our "resolve". What helps do you see in these texts? Talk about the meaning of "resolve" and how this relates to the word "solve". How does resolve work? Talk about an upcoming decision or plan that you need God's help with.
3. **Read Daniel 1:1-21 and Matthew 6:33.** What similarities do you see in Daniel 1:8 and Matthew 6:33?

#### GETTING PERSONAL

4. Does the quality of your decisions affect the quality of your life?
5. Under what circumstances are you more likely to let your feelings overrule your logic?
6. What could you pre-decide / pre-solve now, to help you make good decisions in the future?
7. What are some of the values God has placed on your heart? Are your decisions and actions reflecting these values? Why or why not?

#### MAKING PROGRESS (THIS WEEK)

1. When faced with \_\_\_\_\_ (this situation), I have pre-decided to \_\_\_\_\_ (take this action).