



“How: You Can Pray with Confidence”  
Presenter: Jim Hammond

## Talk It Over

## HOW “How You Can Pray with Confidence”

### SMALL TALK

1. Did your parents teach you to pray? If so, how?

### VIEWPOINT

2. **READ Matthew 6:9-13.** Please note that Jesus was teaching “how” to pray, not “what” to recite by memory. However, it is helpful to memorize this prayer and use it as an outline for your prayer time. To practice using this prayer as an outline, here is an example.

#### Our Father in heaven hallowed be your name

- Thank God, you can call Him FATHER because Jesus loved you and gave his life for you.
- Humble yourself and honor God’s name. His name is who he is, his character. Express praise and worship for who he is and what he has done.
  - “You are (name his character, or attribute)”.
  - “You did (name his action)”.

#### Your Kingdom come, your will be done, on earth as it is in heaven

- Embrace **God’s agenda** and pray for items on **his agenda**.
- Ask for God’s will in your life. Ask Him to give you the will (desire) and the power to serve Him (Philippians 2:13)
  - Pray for his will in your life, family, church, work, neighborhood, city, country...

#### Give us today our daily bread

- Now you may ask for the resources you need. Be specific.
- Pre-Decide to trust instead of worry.
- Daily bread (for the body, Soul (mind, will, and emotions) and Spirit.
  - Ask to be filled with his Spirit
  - Ask for help and resources in your efforts to please him.

#### And forgive us our debts, as we also have forgiven our debtors

- Remove the barriers that can block answered prayer
  - **Refusing to forgive someone is a barrier** to prayer and fully embracing God’s grace. Say to God, “I forgive (name) for (name the hurt and offense). I release them to You and give up my right to seek revenge. I choose not to hold on to my bitterness and anger. Please heal my damaged emotions.”
  - **Unconfessed sin is a barrier** (confession brings us back full circle to intimacy with God as Father (1 John 1:9), so we can pray with confidence). Confession is agreeing with what God says about your sin, that it is offensive to him, turning away from it to God for help is repentance.

#### And lead us not into temptation, but deliver us from the evil one

- Ask for help today in your areas of weakness
- Ask him to remove every attraction from any tempting distraction by helping you to see further down the path of consequences.
- Ask him to shine the light on what is right (even if it is difficult). This is not merely about wisdom, but also about helping you desire what is right.

### GETTING PERSONAL

3. What do you want to do to grow in your practice of praying?

I. WHY you can pray with confidence

II. Prayer is \_\_\_\_\_

III. Top requirement for \_\_\_\_\_  
praying

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