



“Psalm 34”  
Presenter: Jim Hammond

## Talk It Over

Happy How?  
week 3  
“Psalm 34”

### I. \_\_\_\_\_ for happiness:

- Pour one full measure of you
- Through praise on your lips
- No matter what happens

### II. How will this make \_\_\_\_ happy?

- This blesses God and others
- This strengthens your faith & strangles your fear
- This fills you with radiant joy
- This protects you

### III. Results:

- Happiness by experiencing God
- Lasting joy
- Personalized care
- Intimacy with God
- Forever

### SMALL TALK

1. When did you first learn about “praise” and “worship” and what was that introduction like?

### VIEWPOINT

2. **READ Psalm 34.** This psalm has 2 parts. Where do you think the dividing line is? What subtitle would you give the first half? The rest?
3. Why is “praise” always to be on our lips? (34:1) Why is praising God “together” important? (34:3)?
4. How could David “taste and see” that the Lord is good? (34:8) Is he saying that the “righteous” will never die of hunger? (34:10)

### GETTING PERSONAL

5. How does your life with God through Jesus “taste” to you: Sweet? Sour? Spicy? Salty? Bitter? Bland? Why? Or have you only sampled God? Why is that?
6. What do you think it means to “take refuge” in God? (34:8, and 34:22)

### PRACTICE!

- a. What are you grateful for?
- b. What is something God has been showing you this week (in His Word or some other way)?
- c. About the people you are interacting with who do not yet follow Jesus, how can we join you in prayer?
- d. What is keeping you from having a better answer to questions a - c?

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