



“Psalm 1”
Presenter: Jim Hammond

Talk It Over

Happy How?
week 1
“Psalm 1”

I. The Happy Life _____ ...

A. *...walking in bad* _____

B. *...standing in the* _____

C. *...sitting with the* _____

II. The Happy Life Is _____

A. _____

B. _____

SMALL TALK

1. What makes you happy?

VIEWPOINT

2. **READ Psalm 1.** What are the “blessed”/ “happy” like and not like? What do the “blessed”/ “happy” do and not do? What other word does this Psalm use for the blessed or happy people (see 1:5, and 1:6)?
3. What is the point of the tree comparison?
4. What are the “wicked” like and not like? What do they do and not do?
5. How can anyone meditate day and night on God and his instruction?

GETTING PERSONAL

6. There are only 2 descriptions of people in two categories in this psalm: the righteous and the wicked. Which category do you see yourself in? Is there a third category?
7. What is your favorite media? (Facebook, TV, Netflix, YouTube, etc...) What is the way of “happiness” according to your favorite media?
8. When you are bored or down, what is the first thing you turn to? How does this help you cope?

PRACTICE!

- a. What are you grateful for?
- b. What is something God has been showing you this week (in His Word or some other way)?
- c. About the people you are interacting with who do not yet follow Jesus, how can we join you in prayer?
- d. What is keeping you from having a better answer to questions a - c?

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