



Breathing
Presenter: Jim Hammond

Talk It Over

Rhythm
(week 1)
"Breathing"

I. Breath comes from _____

II. You're breathing _____

III. God's _____ brings _____

SMALL TALK

1. When did you ever have to think about your own breathing? (like: In a panic? Hyperventilating? Too long underwater? In smoke? etc...)

VIEWPOINT

2. **READ Genesis 2:7 and John 20:21-22.** Compare and contrast. What did you learn?
3. **READ Ephesians 2:1-2.** Why did Jim refer to this as bad breath?
4. **READ 2 Timothy 3:16-17.** Why did Jim refer to this as good breath?

GETTING PERSONAL

5. Do you have an established rhythm for "BREATHING" in God's "inspired" (breathed in) Word?
6. Does your rhythm have the "inspiring" result you are wanting? If not, why do you suppose that is?

PRACTICE!

7. Any ideas how you might experience more life breathed into your "Devote Daily" practice?

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