

Talk It Over

You In Five Years
Part 5
“Choose What Is Better”

SMALL TALK

1. Share about a time when you had to choose between two important priorities or activities. How did you make the decision, and what were the outcomes?

VIEWPOINT

2. **Read Luke 10:38-42.** What is happening in this passage, and what do you think is the main message Jesus conveys to Martha (and us)?
3. What contrasts do you notice between Martha’s and Mary’s attitudes and actions, and how do these relate to our own lives?
4. Discuss the idea of choosing what is better as presented in this passage? Discuss what Jesus corrects and what Jesus affirms.

GETTING PERSONAL

5. What are some areas where you prioritize busyness and productivity with less impact than choosing “what is better”?
6. Share practical ways to take the attentive listening position of a disciple of Jesus?
7. How can you strike a balance between serving and taking time to listen and learn from Jesus?

MAKING PROGRESS (THIS WEEK)

8. **Action Step Challenge:** Commit to setting aside and spending a specific amount of time each day in quiet reflection, prayer, and studying scripture.