



“Embrace God’s Peace”  
Presenter: Andrew Webb

## Talk It Over

Overflow  
“Embrace God’s Peace”

1. Be \_\_\_\_\_ & \_\_\_\_\_  
(Phil. 4:4-5)

2. \_\_\_\_\_ God (Phil. 4:6-7)

3. \_\_\_\_\_ Your \_\_\_\_\_ &  
Your \_\_\_\_\_ (Phil. 4:8-9)

God, I give to you:

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### SMALL TALK

1. What are some situations that rob you of experiencing God’s peace?

### VIEWPOINT

2. **Read Philippians 4:4-9.** Talk about the “equation” that we find in this passage for experiencing God’s peace. What is this peace like?
3. **Read 1 Peter 5:6-11.** Talk about the connection between humility and giving God our anxieties. (the ESV version helps make this more clear). What does casting our anxieties on God look like?
4. **Read Romans 12:1-2.** How might we renew our minds? What happens to us as we become transformed by the renewing of our minds? (see verse 2).

### GETTING PERSONAL

5. What is a situation you are going through now that is causing anxiety that we can be praying with you for? Be sure to check in with each other during the week on this too!

### MAKING PROGRESS (THIS WEEK)

6. Spend time together as a Group and on your own applying the “equation” of Philippians 4:6-7 with your anxieties (Prayer+Supplication+Thanksgiving+Presenting Requests = Peace).