

"ReGen: Don't Deny Your Hurt"
Presenter: Jim Hammond

l.	Those who are about their
	are blessed
II.	God's antidote to denial is
III.	Turn to God with your
	<del>-</del>

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ReGen (Week 2) "Don't Deny Your Hurt"

## **SMALL TALK**

1. What do you think is the difference between a habit and an addiction?

## **VIEWPOINT**

- 2. **READ Romans 6:16-23.** What is the "cost and benefit" of each kind of "slavery" described here? How is slavery to Christ freedom from sin? What modern image (in music, sports, art, etc. illustrates Paul's point that submission to a good "master" leads to freedom?
- 3. **READ 2 Peter 2:19; Galatians 5:1; 13-17.** How were the false teachers' idea of freedom different from God's idea of freedom?

## **GETTING PERSONAL**

- 4. If you had seen yourself as God's willing servant this past week, what would have changed in your attitudes and actions?
- 5. Where do you particularly want to work on this in the coming week?

## MAKING PROGRESS (THIS WEEK)

- 6. VVCC's 5 core statements are listed below. Can you connect any of these core statements to any concepts from the two passages of this study? Which ones and how?
  - 1. Love God Wholeheartedly
  - 2. Do First Things First
  - 3. Don't Do Life Alone
  - 4. Saved People Serve People
  - 5. Followers say, Follow Me!