



“I Am the Bread of Life”
Presenter: Doug Bridge

Talk It Over

I Am-Jesus
“I Am the Bread of Life”

1. I AM _____ OF _____

2. I AM _____ OF _____

3. I AM _____

SMALL TALK

1. What is your favorite type of bread? Why?
2. What is your favorite use of bread? (Served how or used in which recipe?)

VIEWPOINT

3. **READ John 6:25-31.** Does anything strike you as odd about the question they ask Jesus in verses 30 and 31? (Hint: What had Jesus just done in John 6:1-15?)
4. Who gives the “true bread from heaven”? (verse 32)
5. Review what the metaphors of “bread that comes down from heaven” (verse 33) and hunger and thirst (verse 35) mean.
6. Compare verses 35, 48, and 51. Why do you think there was so much trouble with the Jews’ understanding Jesus’ continued use of metaphor in verses 51-58?

GETTING PERSONAL

7. We talked about the use of the word “eat” as being “to consume” (like at a pie-eating contest). Would you characterize your relationship with Jesus as starving, nibbling, polite eating or consuming?
8. How satisfied are you with your current “eating” habits when it comes to Jesus?
9. What do you suppose might look different in your day if “consuming” Jesus was your normal thing?

MAKING PROGRESS (THIS WEEK)

10. Where can you ask for help from God to “increase your appetite” and become one who “consumes” Jesus with the eagerness of a pie-eating contest contestant?

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